

Appendix 2. Module 1

- Prove students with the following sheet and ask them to complete the missing parts:

COMPLETE THE MISSING PARTS!

				
Food group name:	Food group name:	Food group name:	Food group name:	Food group name:
<ul style="list-style-type: none"> Animal-Plant based proteins _____ _____ _____ 	<ul style="list-style-type: none"> _____ _____ Vitamins Minerals 	<ul style="list-style-type: none"> _____ Vitamins A D E K 	<ul style="list-style-type: none"> Water _____ _____ _____ 	<ul style="list-style-type: none"> _____ Plant based proteins Vitamins